



## Headlines from around the South West 5-11 September

### Anti-smoking campaign "Stoptober" to return

It's been announced that a whole month dedicated getting people to give up smoking will return for another year.

### Smokers urged to quit for Stoptober

Stoptober – England's mass 28 day stop smoking attempt - is back following its huge success last year which saw 160,000 people complete the challenge.

### Charity reveals shock statistics on child smoking

AS PUPILS in Swindon get ready to return to school, Cancer Research UK (CRUK) has released statistics which show that 58 children start smoking every month in the county.

### Stop smoking campaign a 'success'

A STOP smoking campaign in North Somerset has been hailed a success after statistics revealed thousands have quit the habit in the past decade. The support to stop service was launched 10 years ago and has been a major help to anyone who wants to kick the habit, according to director of public health for North Somerset Council, Becky Pollard.

### One of UKs most wanted smugglers is brought into UK through Plymouth

ONE of the UK's most wanted cigarette smugglers has been brought back into the country through Plymouth to begin a jail sentence.

### Smokers enjoy extra days' life if they quit

Smokers who quit could gain an extra seven days of life for every 28 days they abstain from tobacco, according to a Government campaign. People are being urged to join the "Stoptober challenge" starting on October 1, which saw 160,000 people sign up last year.

**Latest News... Our hand rolling tobacco campaign has won a Public Health England award at yesterday's conference...**

If you have any news you would like to share with your colleagues across the South West please [email us](#).